



# 100-MILE COURSE



**NATIONAL ABILITY CENTER START/FINISH**

**100-MILE ROUTE MARKERS**

**BATHROOMS**

**REST STOP**

**LUNCH STOP**

**DOUBLE BACK (at Soldier Hollow, 35 and back to NAC)**

**EMT/MEDICS**

Turn RIGHT on Gilmor Way  
 Turn RIGHT on Round Valley Drive  
 Turn RIGHT on 248  
 Turn LEFT onto Richardson Flat Road  
 Turn LEFT at W. Jordanelle Parkway  
 Turn RIGHT onto 248  
**REST STOP - TUHAYE (Approx. Mile 9)**  
 Turn RIGHT on Democrat Alley  
 Turn RIGHT on 200 South  
 Turn LEFT on Lambert  
 Turn RIGHT on Hallam  
 Veer LEFT on SR32  
 Turn RIGHT on Foothills  
 Curve LEFT onto Lower River Road  
 Go STRAIGHT at UT 35  
 Turn RIGHT on Bench Creek Road  
 Turn RIGHT into Wolf Creek Ranch  
 Turn LEFT onto Trapper Loop Road  
**REST STOP WOLF CREEK RANCH (Approx. Mile 31)**  
 Continue Straight on Westward Ho Road (becomes Big Pole Road)  
 Exit Wolf Creek Ranch, turn RIGHT on Little Pole Drive  
 Turn LEFT on Little Pole Road  
 Turn RIGHT on Lake Creek Road  
 Turn LEFT on S 4800 East  
 Turn RIGHT on E 1200 South  
 Turn RIGHT on 500 East  
 Turn LEFT at end of High School parking lot  
 Turn LEFT on EAST 600 South  
 Turn LEFT on SOUTH 600 West  
 Turn RIGHT on WEST 650 South  
 Turn LEFT on Southfield Road  
 Turn RIGHT on 1200 / Casperville Rd  
 Turn RIGHT on 2400 S  
 Turn RIGHT on 113 / Center St  
**SINGLE FILE ONLY!**  
 Turn LEFT on Tate  
 Turn LEFT onto Stringtown Road

Go STRAIGHT on Olympic Drive (under the bridge)  
**REST STOP/LUNCH - Soldier Hollow Competition Building (Approx. Mile 50)**  
 Retrace toward Tate  
 Go straight on Stringtown  
 Road Turn RIGHT on 500 South  
 Turn LEFT on 250 West  
 Turn Right on W 100 South  
 Turn Left on S 200 West  
 Turn Right on W 200 North  
 Turn Left on N 100 West  
 Turn Right on W 250 North  
 Turn Left on N Center Street  
 Turn Right on Cari Lane  
 Follow Round About  
 Continue straight on River Rd / 32  
**REST STOP - VICTORY RANCH**  
 Turn RIGHT on Lower River Rd  
 Turn SHARP LEFT on SR 35  
 Turn LEFT on Gines Lane  
 Turn RIGHT on Foothills  
**REST STOP - 1800 FOOTHILLS / LARRY'S HOME (Approx. Mile 80)**  
 Turn LEFT on 300 South  
 Turn RIGHT on Main  
 Merge onto bike path after 3.3 miles  
 Turn LEFT on Rob Young Lane  
 Turn LEFT on SR32  
**REST STOP - BROWN'S CANYON (Approx. Mile 90)**  
 Turn LEFT on Brown's Canyon  
 Turn RIGHT on 248  
 Turn RIGHT on Round Valley Drive  
 Turn LEFT on Gilmor Way  
 Turn LEFT into the National Ability Center

**DISPATCH/SAG WAGON:  
801.205.9504**

**FOR IMMEDIATE OR LIFE-THREATENING EMERGENCIES, CALL 911 FIRST**